

# GuestHouse

A home away from home

## FACT SHEET

<p><b>What is the Guest House?</b></p>	<p>A partnership of the Perley and Rideau Veterans' Health Centre, the Alzheimer Society of Ottawa and Renfrew County, and Carefor Health &amp; Community Services, the Guest House provides respite care for persons in the early to mid-stage of dementia.</p> <p>The Guest House:</p> <ul style="list-style-type: none"> <li>• is a 12 bedroom bungalow located on the campus of the Perley and Rideau Veterans' Health Centre.</li> <li>• is a safe, homelike and supportive environment for persons in the early to mid-stage of dementia.</li> <li>• will provide respite stays for those who are eligible.</li> <li>• will provide services in both English and French.</li> </ul>
<p><b>Who is it for?</b></p>	<p>The Guest House is intended to offer caregivers of individuals with dementia a break from the stresses of caregiving, by providing a specially designed environment and program for their loved ones who live in the Champlain Region (Eastern Counties, Ottawa and Renfrew County).</p>
<p><b>How long can a guest stay?</b></p>	<ul style="list-style-type: none"> <li>• Guests may stay overnight and up to 90 days in a one year period (April 1<sup>st</sup> to March 31<sup>st</sup>).</li> <li>• Guests may stay a few hours contingent upon occupancy and would be required to pay the full co-payment fee.</li> <li>• Guests already registered may also be accommodated for sudden and unplanned emergencies.</li> <li>• Whenever possible, flexibility in booking will be accommodated.</li> </ul>
<p><b>What is the admission procedure for the Guest House?</b></p>	<ul style="list-style-type: none"> <li>• Contact your Community Care Access Centre (CCAC) case manager to request the Guest House. If you do not have a CCAC case manager, call the CCAC “intake person” in your area to arrange for an assessment:             <ul style="list-style-type: none"> <li>- in the Eastern Counties, call 613-936-1171 or 1-800-267-0852</li> <li>- in Ottawa, call 613-745-5525 or 1-800-538-0520</li> <li>- in Renfrew County, call 613-732-7007 or 1-888-421-2222</li> </ul> </li> <li>• An assessment will be completed.</li> <li>• A referral will be made to the Program Manager of the Guest House.</li> </ul> <p style="text-align: right;">(cont'd)</p>



1750 Russell Road, Ottawa ON K1G 5Z6  
 Caregiver & Service Provider Enquiries: Guest House Program Manager or Team Leader 613-247-1664  
 Capital Campaign Office: 613-526-7194 or foundation@prvhc.com

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<p><b>What is the admission procedure for the Guest House?</b></p>	<ul style="list-style-type: none"> <li>• An onsite visit to the Guest House for both the person with dementia and their caregiver may be arranged.</li> <li>• Once a booking is made, an appointment will be arranged before admission.</li> <li>• The caregiver will be given a Personal Care Book to complete which will assist the staff to develop an individualized plan of care for the prospective guest.</li> <li>• First time admissions take place Monday to Friday during the day. Individuals known to the Guest House may be admitted on the weekend.</li> </ul>
<p><b>What are the Admission Criteria for staying in the Guest House?</b></p>	<ul style="list-style-type: none"> <li>• A clear diagnosis of irreversible dementia.</li> <li>• Individuals in the early to mid-stage of dementia will be accepted.</li> <li>• Completed a CCAC assessment within 6 months of staying at the Guest House.</li> <li>• Living in the community with an informal caregiver.</li> <li>• Living in the Champlain Region.</li> <li>• A valid Ontario Health Card number.</li> <li>• Individuals must be medically stable.</li> <li>• Individuals with physical disabilities may be eligible. Individuals in wheelchairs are accepted if they are able to weight bear.</li> <li>• Individuals at risk of harming themselves or others would not be eligible for the Guest House.</li> <li>• Individuals who require full assistance with activities of daily living because of dementia would not be eligible. Respite is available in long term care homes for clients requiring this level of assistance.</li> </ul>
<p><b>How much does it cost to stay in the Guest House?</b></p>	<ul style="list-style-type: none"> <li>• The cost per night to the guest is \$32.37. The remainder of the cost is subsidized by the Provincial Government.</li> <li>• Subsidies may be available for individuals who require financial assistance to pay the guest co-payment.</li> <li>• The daily rate covers accommodation in a private room with a 3-piece bathroom, all meals and snacks, personal laundry, linen, housekeeping services and all program activities. Guests have the full use of the common spaces in the Guest House – living, dining, family room, and kitchen as well as a safe and secure outdoor yard.</li> </ul> <p style="text-align: right;">(cont'd)</p>



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<p><b>Will there be a waiting list for the Guest House?</b></p>	<p>It is expected that with advance planning on the part of caregivers there will not be a waiting list for stays in the Guest House.</p>
<p><b>What kind of activities will guests be involved in during their stay?</b></p>	<ul style="list-style-type: none"> <li>• The Guest House will provide a daily routine similar to what a guest will have had in their own home.</li> <li>• Guests will be provided with opportunities to assist with meal preparation, making beds, tidying rooms and common spaces, doing laundry as needed.</li> <li>• Meaningful leisure activities will be provided such as discussion groups, games, art, music, walks, reading.</li> </ul>
<p><b>Who can I contact for more information about the Guest House?</b></p>	<p>Guest House Program Manager or Team Leader at 613-247-1664.</p>

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